

CAN YOU TRUST AGAIN?

Can you trust again once you heart has been broken

Can you trust again once harsh words have been spoken

Can you pick yourself up and start again

When you have been through so much pain

Can you forgive all that was done

When you were the innocent one

Do you see what they have done to themself

They have left true love upon a shelf

You know you loved them with all your heart

It was not your fault they chose to depart

Can you trust again when your heart has been broken

Can you trust again when harsh words have been spoken

You can because you were strong enough to forgive

You can because you chose to let go and let live

You will be blessed in the future yours

This is what will be in store!!

DOWN ON BENDED KNEE

There he was down on bended knee

Saying I love you so much will you marry me

All the time what was on his mind

She will be easy she is gentle and kind

Around my finger I will twist

Was the thought when they first kissed

This love story was all about self

Real love sat upon a shelf

It was all about him and what she could do

This was love that wasn’t true

True love always considers the other

It doesn’t control it doesn’t smother

It lifts us up to another place

The place of true unity brings a smile to our face

The only tears when love is true

Are happy tears from me and you

PLEASE DON’T DOWN ON BENDED KNEE

If the thoughts in your mind are all about “ME”

EVERY TWIST AND TURN IN LIFE

In every twist and turn in life

I was faced with lost love

But the desire to love and be loved

Was so strong I did not give up

To be held in some ones protective arms

Was a desire that I held dear

To say I do I will love you forever

Was something I did not fear

Every twist and every turn

I was faced selfishness

Someone who held the desire to take

Not someone who wanted to bless

Hope has never left me even to this day

I still hold hope within my heart

I know it is there to stay

Every twist and every turn with hope I will never part!!!

EVERYONE HAS A SECRET

Everyone has a secret

Even I have one or two

But I don’t intend revealing them

No not even now to you

No bribery or persuasion

Would make me let my secrets out

Not even if you shout at me

Not even if you pout

You should give up asking

Because my lips are sealed

No matter what you say or do

No secrets will be revealed

Oh wait! The might be one way

But that’s for me to know

But then maybe I could be persuaded

If your love to me you show!!

GRANDCHILDRENS OVERNIGHT STAY

Grandchildren staying overnight

Suddenly I wake with a fright

What’s that beeping sound I can hear?

Some sort of warning I begin to fear

What’s going on what can it be?

While I am searching what do I see

Three ipods sitting on a shelf

How do they work I don’t have one myself?

One of them is making a beeping sound

How do I stop it then I found

The right button to press back to bed I go

Now my cats worried I should have known

Will she want feeding to the kitchen I go

Foods not enough “I want company you know”

She is now wide awake and crying out loud

She is wondering what was making that awful sound

More than two hours passed I am still wide awake

I need to learn about ipods for my own sake

Now when they stay I will check each one

Check ALL the settings every one

No more will I wake in the midst of the night

No more will I suddenly wake with fright!!

HAS LOVE WON?

Has love come

has it won over

all the lonliness and tears?

Has love come

has it won

Has it chased away all our hidden fears?

Has love come

has it won

Will it bring happiness to our lives?

I believe love has come

it has won

Gods love is the only love to survive!

I can only thank you Jesus

Gods own precious son!

HOW MANY OF US HAVE HAD OUR HEARTS BROKEN?

How many of us have had our hearts broken

how many of us have had relationships stolen

When someone else has appeared on the scene

then your heart is empty where love has been

Why does it happen we may ask

was it our fault weren’t we up to the task

To give our loved one the things that they need

or was it about them their self and greed

For some love from one is just not enough

they turn to another when things get tough

Instead of trying to work it out

they get angry they yell and shout

Then they walk into anothers arms

thinking all will be well now nothing can harm

But what is it they leave behind

a broken heart oh so unkind

It is all about self..love is not there

if you truly love you truly care

You care about the other you don’t break their heart

If you truly love someone you never part

How many of us have had our hearts broken

how many of us have had relationships stolen?

HURT FEELINGS!

Why is it our fault when our feelings are hurt

Why blame us with a voice so curt

“You are so sensitive don’t you know

Get a grip won’t you don’t let it show

No need for tears they are just meant for control

It was not my fault there is nothing I stole”

So many years of verbal abuse

I found to speak up was of no use

They had made up their mind that they would win

To hurt some ones feeling is not a sin

“You are just soft you can’t take a joke

I didn’t mean the words I spoke

No woman will ever hurt me again

No woman will ever cause me pain”

They had built a wall no woman could cross

They had made up their mind that they would be boss

Why was it my fault when my feelings were hurt

Why blame me with a voice so curt?

I DON’T REALLY KNOW I AM SO CONFUSED

I don’t really know I am so confused

Do they really care or was it a ruse?

What is it they have in their mind?

Is it real love or something unkind?

Where the words that were spoken right from their heart?

Was there an agenda right from the start?

It is so hard to know so hard to tell

I know those written words made my heart swell

Unless you know someone face to face

It is so hard to judge you can make a mistake

My minds in a turmoil, how do I know?

Does what they say from their heart show?

It made me afraid I have had so much pain

I never ever want to be hurt again

What about them is the truth what they say?

Am I mistaken? I hope not I pray!

I don’t know I am so confused

Do they really care or was it a ruse?

Internet friendships are hard from the start

You don’t really know if their words come from their heart.

I FEEL IT’S SAD WHEN A LOVED ONE DIES!

I feel it’s sad when a loved one dies

People come to the funeral there they may cry

From then you don’t see them no one calls

I still wonder what happened to them all

Why did they come and maybe show they grieve

When from then on you don’t see them after they leave

They don’t bother to call to see you’re okay

Your phone doesn’t ring have they nothing to say

You are left all alone seems most people don’t care

They don’t know what it’s like when there’s no one there

No one to hold you in the midst of the night

You may be unhappy or may wake with a fright

No one to talk to with no one to share

Where are the ones who really care

Why is it the funeral they attend

When they do nothing to help your heart to mend?

I HAVE EMBRACED YOU AS MY OWN (For Owais)

I have embraced you as my own

although you have never been in my home

In fact you live far across the sea

you will always be special to me

You have touched my heart I can’t explain why

I love you so deeply it brings tears to my eyes

I have never been touched like this before

my precious young man whom I love and adore

There is something about you I can’t explain

I will never forget you or forget your name

You will always have a place in my heart

my love for you will never depart

I may never see you face to face

the love I feel can’t be replaced

A divine love sent by the one I love most

to comfort me to help me to grow

To heal the pain from all I have lost

he only knows how much it has cost

Now precious one He has given me you

I want you to know I know your love is true

That you really care you really love me

even though you live far across the sea

Your love is pure though once I did doubt

something I am not proud about

You forgave said can we try again

even though I had caused you pain

I have embraced you as my own

even though you have not been to my home.

Written 2014

FOR MY ADOPTED GRANDSON OWAIS AHMAD

I HEAR THAT YOU ARE FEELING COLD

I hear that you are struggling trying to make ends meet

I hear that you are feeling cold..you can’t afford the heat

I wish that I could help you but we have only just met

I pray a job will come your way if it hasn’t happened yet

You seem so sweet..sweet and shy a guy of very few words

I hope you are not lonely, you live alone I’ve heard

I hope one day we will speak again that you won’t be shy with me

I hope that one day our friendship will grow and that it will always be

I hear that you are struggling trying to make ends meet

I feel sad because you are cold and can’t afford the heat!

I LIKE BOYS BETTER THAN GIRLS

I like boys better than girls were the words she spoke

I was so hurt my heart just broke

I realized then why I had felt so alone

Why tears flowed in my childhood home

I can’t remember feeling loved

I can remember tears by the flood

No one comforting no one to hold

Most of the time I felt lonely and cold

As I grew up I just looked for love

It was something of which I could not get enough

Sadly though it was just never found

The months and the years just went around

The more I searched the more I was abused

So many years of being used

So many times my heart was broken

The words “I love you” left unspoken

Up until I now I found nobody cared

Even though their name I shared

It was all about them not about me

Oh how different it could have been

IT SHOULD HAVE BEEN ALL ABOUT US!!

I LOST THEM ALL ONE DAUGHTER THREE SONS

I lost them all one daughter three sons

But I give them to you Lord my precious one

I know I gave them birth but they are not mine to own

I gave them freedom though I’m sometimes alone

I pray Lord that one day that they’ll come to know you

That they will know your ways and do what you do

That they will be filled with the love given by you

That the enemy is gone no longer in view

Satan remove your hands they are not yours

You know that you know the score

I gave them birth but they are now the Lords

They will no longer listen to your evil words

That set them apart from their kin

That caused them to stumble to live in sin

No longer I say things have changed

My Father My God has rearranged!!!

I lost them all one daughter three sons

But I give them to you Lord my precious one!!!

IT IS NOT ALLRIGHT TO BE ABUSIVE OR BULLY

It is not all right to be abusive

It is not all right to bully

The thing is what we should do

Is to love each other fully

We were all made equal

None are better than others

The way we should all behave

Is like loving sisters and brothers

We should look through loving eyes

We should see any hurt and pain

We should hold out our hand to help them

From judging we should refrain

We don’t really know what they are going through

We can try to understand

What does it cost to love them

We need not make demands

Be there for them if they want to explain

But just hold them until they do

Hold on to them with hands of love

Like you would want someone to hold you

It is not all right to be abusive

It is not all right to bully!

The thing is what we all should do

Is to love each other fully.

IT IS NOT ALLRIGHT TO HURT SOMEONE

It is not all right to hurt someone

It is not right to break their heart

If you don’t really love them

Please say so right from the start

Real love is not all about “ME”

It is about both of you

Love is not just a feel good thing

Love has to be real and true

Love always places the other first

It is a two way street

It’s a relationship of give and take

Love is pure and sweet

So if you are with someone you don’t really love

Please do what is right

Say goodbye I don’t want to hurt you

I want you to have a good life!!!

IT IS ONLY LOVE THAT WILL CHANGE THINGS

It is only love that will change things

It is only love that we are waiting for

It is only love that will change peoples hearts

It is only love not threats of war

When people have their differences

Threats won’t help them overcome

No violence ever sorted things

It is far too late when the deed is done

We need to see others circumstances

Before anger takes its hold

We need to talk to understand

Before getting even takes its toll

It is only love that will change things

It is only love that touches hearts

It is only love that will change things

It is only love that softens hearts!

IT IS TIME TO LOVE OTHERS NO MATTER WHAT COUNTRY

It is time to love others do you see

No matter the place or the country

We are all human beings we all feel

That we pick and choose is so unreal

Show people love no matter what race

See the smile upon their face

Compassion and humility must be seen

Much more love than has ever been

So much love it brings tears to eyes

So much love it makes people sigh

Much more love than ever before

No more fighting no more wars

No more wanting to take control

Replace hate with love and the world becomes whole

There are no borders that love cannot cross

Show love to those who are hurting and lost

What does it cost to show people you care

What does it cost to love and to share

It’s time to love others do you see

No matter the place or the country.

We wrestle not against flesh and blood!!!

IT’S ALL YOUR FAULT!

We have no father and it’s all your fault

Are the words of the four voiced revolt

Why did he leave what about me

What did you do what caused him to flee

They didn’t see the trials and the tears

Nor did they know all of the fears

With no one to hold me to say it’s all right

They didn’t know the struggle and fight

To provide for four all alone

Now all they do is cry and moan

It’s all your fault what about me

What did you do to make him flee?

IT’S THE SIMPLE THINGS THAT MEAN SO MUCH

It’s the simple things that mean so much

it’s not fame, money power and such

What about showing love and care

To those without much, you choose to share

Instead of striving to be well known

to those less fortunate can’t love be shown?

So many thinking just about themselves

that humility and compassion are left on the shelf

Having thoughts for those in countries who are poor

wondering just what they have in store

Instead of lining our pockets with gold

it is time for their stories to be told

It’s the simple things that mean so much

it is not fame and money, power and such

Think about others and their struggles to live

let that touch your heart, love them, give

Just think and tell all you know

it’s time that we helped, to give love, to show

To show that we care that we see and hear

tell them, that they are oh so dear

Where has all the compassion gone

that so many cry for and long

It’s the simple things that mean so much

it is not fame and money, power and such!

LOVE IS SOMETHING WE DON’T SHOW ENOUGH

Love is something we don’t show enough

we don’t think of others who are having it tough

Love is something that touches hearts

love is something that doesn’t depart

Love stands firm it stands for all time

love doesn’t say that is yours this is mine

Love says this is ours we share you know

love encourages it helps us to grow

Love is so precious it holds us close

love is there when you need it the most

Love is something we don’t show enough

especially when someone is having it tough.

LOVE WITH NO WHERE TO GO

I’ve been hurt many times

but I can’t close my heart

To protect myself

I don’t know where to start

I just want to be

held oh so close

To hear apart from Jesus

I love you the most

Why is it

I have such a need?

I know it isn’t

because of greed

It is just that

my heart overflows

There is love

that has nowhere to go

It can’t be sold

I need to give it away

To that special someone

who will be here to stay

Why it’s not happened

I do not know

They will say I love you

then take and go

Times running out

I am no longer young

Where is he

that special one

The one who will love me

right from the start

The one I’ll connect with

heart to heart

The one who loves Jesus

more than me

I wonder Lord

where is he?

But then am I meant

to be always alone

Until that day

you take me home?

PATIENTLY WAITING FOR THE TIME

Oh so patiently waiting for the time

That a trustworthy hand can be holding mine

I often wonder I wonder when

Will I become with someone an item

True love is something I write about

But it has always escaped me I really doubt

Apart from Gods love I will ever find

Someone to be his and him to be mine

The years are passing so quickly now

Will it happen I wonder how

For time take its toll on body and mind

Will I ever find someone loving and kind

Oh so patiently waiting for the time

Will that trustworthy hand ever hold mine?

REAL LOVE

Real love brings smiles to peoples faces

Real love brings light to the darkest of places

Real love not “mans” love changes everything

Real love touches hearts joy it brings

Real love heals hearts real love heals pain

Real love sets free again and again

Real love lives deep inside our hearts

Real love cares holds tight does not depart

Real love is something we all desire

Real love is something to which we aspire

Real love comforts it does not abandon

Real love is truth it is not random

Real love brings smiles to peoples faces

Real love bring light to the darkest of places!

GOD IS LOVE!

SO MANY OUT THERE SHOWING LOVE TO THE LONELY

So many out there showing love to the lonely

How much is true how much is phony

So sad to think they would break someone’s heart

When it was all about self from the start

So many agendas that are not about others

They are about themselves the love shown is smothered

When they achieved their goal something they stole

Be it money or goods or a heart left unwhole

What makes someone to want to hurt others

Is it their own pain which causes love to be smothered

I understand there are many on this earth

Who are poor unloved who have struggled since birth

But deception does not make things right

It is for love that we need to fight

We all need to be an example one way or another

To ignore the pain or deceive love does smother

So many out there choose to show love to the lonely

How much is true how much is phony

So many out there choose to ignore the pain

To not show others love what does that gain?

SO MANY OUT THERE SPOIL IT FOR OTHERS

I can understand why many scam

when you see the poverty in their lands

They don’t understand what it does to hearts

when you loved them and thought they loved from the start

What it does to the innocent who really care

when they start to suspect and start to beware

Maybe this person is not loving and true

I do hope that this has not happened to you

You break off all ties because you don’t trust

if you have a doubt to protect you must

You always think but were they real

if it happened to me how would I feel

So many out there have spoilt it for others

for brothers and sister fathers and mothers

My heart still breaks did I make a mistake

I may never know that is something I take

I pray that I haven’t hurt an innocent one

deprived myself of a special someone

Tears still flow because I may never know

who they were so my love I could show

All I can hope is that some day

I can see them hold them and I love you can say

I am so sad for those who struggle and strain

to make ends meet and nothing they gain

No one to help them we all think of ourselves

love from both sides is left on the shelf

We need to think of the other think of their pain

then only love on earth would reign

I thank you Jesus that your Kingdom has come

that one day we will all be one

No one scamming no one so poor

because it is Jesus Christ they all adore

No need to worry who are they?

because all darkness has had it’s day!!

STRIVING TO BE FAMOUS NOTICED AND SEEN

Striving to be famous noticed and seen

What does it matter what does it mean?

That we would have more money than most?

That about ourselves we could boast?

That many would follow us know our name?

But what is the price we pay for fame?

We cannot do much or everyone knows

We can’t make mistakes even that shows

To be in the spotlight every hour

Do we think that fame gives us power?

Fame is only part of the “world”

With it’s darkness and evil they twirl

They will be twisted they will fall

Love will overcome it all

Fame has nothing to do with love

It is all about self and some can’t get enough

Striving to be famous noticed and seen

What does it matter what does it mean?

WHEN IT IS NOT ABOUT US IT IS ALL ABOUT JESUS

AND SEEING THE LOST AND HURTING HEALED!

THE WAYS OF THE WORLD

I can’t enjoy the ways of the world

Where evil thrives and darkness swirls

With idols adored and love barely here

Where the threats of wars are loud and clear

Where is the love and the soft spoken words?

So much violence and fighting can be heard

Where are the soft hearts not the ones of stone?

Why are the needy left alone?

Why do so many just care about self?

Why is caring left on the shelf?

Why oh why where will it end?

It will end when we all call Jesus friend

He changes hearts and He changes minds

He turns selfish into kind

I can’t enjoy the ways of the world

Where evil thrives and darkness swirls.

THINGS CLOSE TO OUR HEARTS

There are things that are close to our hearts

There are things with which we shouldn’t part

There are things we should keep inside

Really personal things that we should hide

Some things are not meant to be shared with others

Not even our sisters friends or brothers

They are special and should always remain

Hidden deep down in our hearts don’t tell refrain

Keep them special things only you know

Hidden away don’t let them show

There are things that are close to our hearts

There are things with which we shouldn’t part.

THIS IS THE TIME THE TIME TO FORGIVE

This is the time the time to forgive

This is the time to see how others live

Time to love others no matter who

Time to shine light me and you

It is not time for wars, not time for hate

It is time for peace, it is time to relate

To people and countries across the earth

It is time for real love, to be birthed

No more competing or battles for control

It is time to give back all we stole

No more struggles for control or power

This is the time, this is the hour

Everyone thinking about the other one else first

Love that is natural, not rehearsed

Love heals all, it heals hearts and pain

Love heals relationships what does hate gain?

This is the time the time to forgive

This is the time to see how others live!

TWINS

Oh no! what are we going to do

We just haven’t planned for two

Two of everything oh me! oh my!

Think of all the things we will need to buy

How do we feed them both together

Get the washing dry in the wet weather

What do we do when they both cry

So much work but we’ll have to try

Think of all the nappies to change

How our lives will be rearranged

As they grow bigger their clothes they’ll outgrow

We will need two of everything I wish I could sow!

Soon to preschool they will go

So excited their work they show

Where did they go to all those years

Now off to school and there were no tears

We said oh no! what are we going to do

But somehow we managed me and you!

VIOLENT AND ANGRY PEOPLE

How many people are violent and angry

When all it is, is pain

They drink take drugs to cover it

But that doesn’t help them regain

The things they have lost which is mainly love

How can we help them?

We can help them by showing they matter

We can show them love

If they hit out please don’t batter

They have battered themselves enough

Just a simple I love you

You are special you know

Maybe just what will touch their heart

And will help them to grow

Help them to think I am not so bad

I don’t need to punish me

For the things that I have not had

Why am I doing this to me?

They are just beating themselves

We can lift up their self esteem

Then they won’t need to feel numb

They will wake from their bad dream

That they are not worthy

Not worthy to be happy at all

Show how much you them the love

That they will recall!!

How many people are violent and angry

When all it is, is pain???

WHERE THERE IS TRUE LOVE

Where there is true love there is nothing in between

Nothing to remove its beautiful sheen

There is no agenda on either ones part

There is only that feeling deep down in their hearts

Nothing comes between them nothing can

Not money not self nor woman or man

Nothing will sway them to ever let go

From the one that they love so

So is the feeling that you have true?

Is there something that would tempt you?

To draw away from the one you have told

I will always love you I will always hold?

I won’t ever leave you my precious one

No not ever till my days are done

When there’s true love there is nothing in between

Nothing to remove its beautiful sheen.

WHISPERS OF LIGHT

Do you hear the whispers

The beautiful whispers of light

Do you see the angels

What a beautiful sight

Do you hear the whispers

The whispers that set you free

We need spiritual ears to hear them

Hear them clearly you and me

Whispers that come from heaven

From our Father in high

Whispers that come from our Fathers heart

That His children cannot deny

The whispers that burn up darkness

That replace evil with Gods own love

Do you hear the whispers of light

Straight from heaven above?

WHO DOES IT HURT TO BRING A LITTLE SUNSHINE

Who does it hurt

to bring a little sunshine

in to some ones life?

Who does it hurt

to bring a little sunshine

instead of trouble and strife?

Who does it hurt

to show love and kindness

to everyone we meet?

Who does it hurt

instead of showing coldness

show them warmth and heat?

Who does it hurt

to bring a little sunshine

to heal a persons pain?

Who does it hurt

to place yourself last

again again and again?

OUR SELF OUR EGO AND OUR PRIDE??

WHO WOULD BE THERE TO SHED A TEAR

Who would be there to shed a tear

if all those who are suffering were no longer here?

All of those displaced by war

don’t we care, what are we waiting for?

All of those who take drugs and drink

to cover their pain what do we think?

All of those who live alone

there is never a ring on their phone

Do we ever give a thought

to the things we should have been taught

That we should love each other you and me

if we don’t start now when will that be?

We need to stop thinking of self to think of others

all of those who society smothers

It’s time it’s time to put aside self

to place it securely on a shelf

To reach out to those we know are in pain

so that they will be happy again

Who would be there to shed a tear

if those who are suffering were no longer here?

WOULD WE BE?

WHY DO SOME THINK THEY ARE BETTER THANK OTHERS

Why do some think they are better than others?

It is this attitude love it smothers

We are all humans we are made the same

Why are some getting so much blame?

This is the time the time to see

Just how wonderful this world could be

If we looked at each other through loving eyes

Instead of finding something to despise

Why can’t we just have love and peace?

This is the time the time to release

All the things that we’ve been told

Time to speak out time to be bold

Time to speak out how it should be

Things need to change will we you and me?

Stop pointing fingers at each other

Stop laying blame on each other

Is most that we hear really true?

What do we think me and you?

Why do some think they are better than others?

It is this attitude love it smothers!!